



Basic Life Support

Learning summary	This learning provides the underlying principles, theory and practical element to undertake basic life support.
Learning aims	The aim of this learning is to refresh or acquire the knowledge and skills needed to manage a medical emergency in the workplace until more specialised help arrives.
Learning objectives	Learners will be able to: • Recognise and manage the deteriorating adult/child using a systematic approach • Describe safe management of the unconscious person • Describe and demonstrate basic life support using Cardio Pulmonary Resuscitation (CPR) in adults, children and infants. • Describe and use an Automated External Defibrillator • Identify choking in adults, children and infants and manage safely • Use of Automated External Defibrillator • Describe the cause of anaphylactic reactions and its treatment



Applicable audiences	This learning is suitable for anyone who may be required to administer basic life support				
Pre-requisites	Learners must be able to fully participate and undertake the practical element of CPR				
Delivery method	This learning is delivered face-to-face in a classroom				
Duration	The learning will take 3 hours to complete				
Materials and resources required	Learners will need to wear comfortable clothing and appropriate footwear for kneeling down to undertake the practical activity of this learning				
Refresher	This learning should be completed yearly				
Minimum learners required	6	Maximum learners required	12	CPD points	N/A