



Diabetes Awareness

Learning summary

This learning provides the necessary information to equip learners with the understanding around how diabetes is a health condition that requires strict monitoring and management. While this can usually be done by the individual, it's essential that anybody who spends time with them knows how to help, should it be needed.

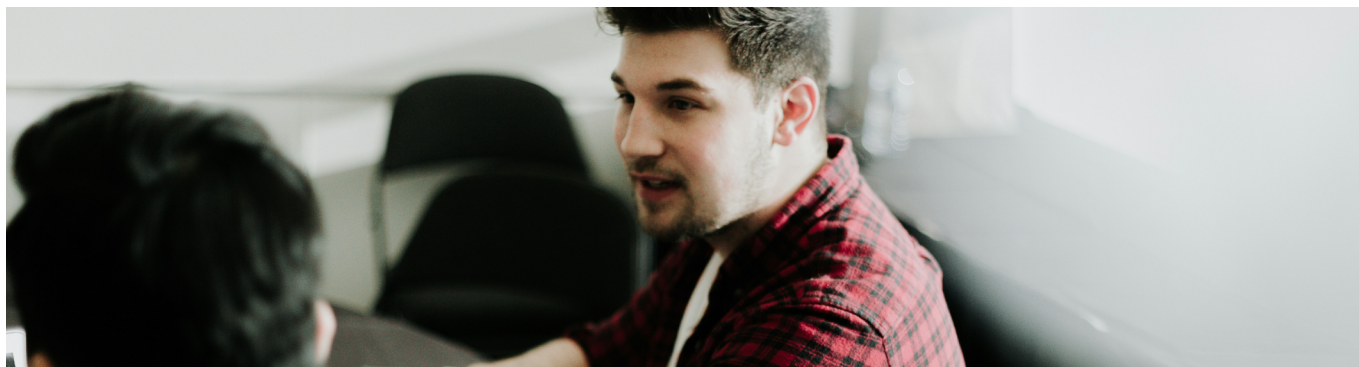
Learning aims

The aim of this learning is to provide an understanding of the different types of diabetes and the knowledge and skills to care for a client/patient with diabetes.

Learning objectives

Learners will be able to:

- Describe the different types of diabetes
- Define normal blood glucose levels
- Recognise the symptoms of hypoglycaemia and hyperglycaemia and how to manage both conditions
- Describe the different types of medications and insulins used to manage this condition
- Describe the different injection sites and safe administration of insulin
- Describe side effects of insulin therapy
- Define how and when to seek further help from a medical team or call the emergency services to report concerns in patients condition
- Identify the next steps emergency support and follow up



Applicable audiences	This learning is suitable for all learners who monitor and manage diabetes as part of their role, including the requirement to administer insulin				
Pre-requisites	There are no pre-requisites required for this learning				
Delivery method	This learning is delivered by a virtual classroom				
Duration	This learning will take 2 hours to complete				
Materials and resources required	Learners should have access to a computer with an internet connection and Microsoft Teams				
Refresher	This learning should be completed as required				
Minimum learners required	4	Maximum learners required	12	CPD points	N/A