



Emergency First Aid at Work Including Basic Life Support

Learning summary	This learning provides an understanding for those who are required to provide first aid in the workplace.
Learning aims	The aim of this learning is for the learner to acquire the knowledge and practical skills needed to gain the qualification Emergency First Aid at Work in compliance with the Health and Safety Executive (HSE) First Aid Regulations 1981.
Learning objectives	Learners will be able to: • Understand the role and responsibilities of a first aider • Describe how to assess and manage an incident and provide first aid to a responsive casualty • Explain the first aid needed for an unresponsive casualty and use of Automated External Defibrillator • Explain the first aid needed for a casualty who is choking • Describe the cause of anaphylactic shock and its treatment • Describe the first aid needed for a casualty with external bleeding • Describe the first aid needed for a casualty who is in shock • Describe the first aid needed for a casualty with minor injuries



Applicable audiences	This learning is suitable for anyone who is required to provide first aid in the workplace				
Pre-requisites	There are no pre-requisites required for this learning				
Delivery method	This learning is delivered face-to-face in a classroom				
Duration	This learning is delivered over a full day				
Materials and resources required	Learners will need to wear comfortable clothing and appropriate footwear for kneeling down to deliver CPR				
Refresher	This learning should be completed as required				
Minimum learners required	4	Maximum learners required	12	CPD points	6