



Equality and Diversity

Learning summary

This learning explores the principles of equality and diversity. Equality refers to providing equal opportunities to everyone and protecting people from being discriminated against. Diversity refers to recognising, respecting and valuing differences in people.

Learning aims

The aim of this learning is to raise awareness and understanding of the principles of equality and diversity and our responsibilities as colleagues to prevent discrimination and support equality, diversity and inclusion.

Learning objectives

Learners will be able to:

- Explain what we mean by equality, diversity and human rights and why they are important
- Explain how policies and the law can help us create a more inclusive workplace
- Explain what we mean by 'health inequalities' and how they can be reduced
- Explain why we need to know about people's different backgrounds and why it is important not to make assumptions about individuals
- Describe what you can do to challenge prejudice and discrimination



Applicable audiences	This learning is suitable for all learners
Pre-requisites	There are no pre-requisites required for this learning
Delivery method	This learning is delivered by an eLearning package
Duration	This learning will take approximately 45 minutes to complete
Materials and resources required	Learners should have access to a computer, tablet or smartphone with an internet connection
Refresher	It is recommended that this learning should be completed every 3 years