



Patient Moving and Handling

Learning summary	This learning covers the principles of moving and handling patients.
Learning aims	The aim of this learning is to provide general principles of safe moving and handling, including practicing tasks using a limited range of equipment. It does not provide competence in all specific handling tasks or moving and handling equipment. Where required, learners must receive additional task and equipment specific training and practice as an outcome of local risk assessment.
Learning objectives	Learners will be able to: • Recall and apply the legal requirements of employers and employees relevant to moving and handling • Recall, apply and review the key elements of risk assessments and moving and handling plans • Recognise and challenge unsafe handling techniques • Respond safely and effectively to a falling or fallen patient • Demonstrate an awareness of healthy movement patterns when moving and handling people and apply ergonomic principles to support musculoskeletal health • Demonstrate safe, dignified approaches for moving and handling that promote service users' independence and functional mobility



Applicable audiences	This learning is suitable for learners who treat or support patients/clients/service users' health and care needs				
Pre-requisites	There are no pre-requisites required for this learning				
Delivery method	This learning is delivered face-to-face in a classroom				
Duration	This learning will take 3 hours to complete				
Materials and resources required	Learners must come appropriately dressed as they will be expected to demonstrate slide sheet, sling and hoist lifting manoeuvres				
Refresher	This learning should be completed yearly				
Minimum learners required	4	Maximum learners required	12	CPD points	N/A